

September Swimmer Spotlight

Susan "Cookie" Thompson

Years with FCST? Masters swimmer for 4 years

Regular practice group? Tues/Thurs mornings

Favorite stroke(s)? Distance Free and IM

Favorite practice set? Anything but kick

Favorite post practice indulgence? Anything chocolate

Introvert or extrovert? Introvert

Ideal vacation? Cruise

Books or Movies? Movies – feel good sports movies

Notable accomplishments: Participating in Aquathlon (Run/Swim) World Championships and Completing Ironman Texas in 2013

Interesting facts:

Cookie is a University of Florida graduate and her husband Tommy graduated from the Air Force Academy. They have been married for almost 46 years and have two children and 7 grandchildren. With a lake house in Fort Worth, they spend their weekends close to their grandkids in Dallas and have season tickets to TCU games. Inspired by Cookie, her son recently completed his first triathlon – the Ironman Florida this past November! Cookie had the opportunity to compete with him, but crashed during the bike portion breaking her collarbone and some ribs. Despite her accident she did get to see him finish!