

FCST WOMENS TEAM RECORDS

SCY					
18-24	50 Free				
	100 Free				
	200 Free				
	500 Free	6:10.38	1/24/2009	Caroline Egan	2009 First Time for Everything
	50 Back				
	100 Back	1:13.32	1/24/2009	Caroline Egan	2009 First Time for Everything
	200 Back				
	50 Breast				
	100 Breast				
	200 Breast				
	50 Fly				
	100 Fly				
	200 Fly				
	100 IM				
200 IM	2:38.97	1/24/2009	Caroline Egan	2009 First Time for Everything	
40 IM					

25-29	50 Free	25.97	3/9/2013	Amber Smolik	2013 RICE March Madness
	100 Free	56.44	3/9/2013	Amber Smolik	2013 RICE March Madness
	200 Free	2:11.92	4/28/2011	Caroline Egan	2011 SC Nationals
	500 Free	5:54.50	10/8/2011	Caroline Egan	2011 First Time for Everything
	1000 Free				
	1650 Free	33:27.97	2/20/2010	Kristine Harper	2010 First Time for Everything
	50 Back				
	100 Back	1:09.89	4/28/2011	Caroline Egan	2011 SC Nationals
	200 Back	2:30.82	4/28/2011	Caroline Egan	2011 SC Nationals
	50 Breast	33.33	3/9/2013	Amber Smolik	2013 RICE March Madness
	100 Breast	1:24.61	4/9/2010	Markell Lyng	2010 SC Zones
	200 Breast	3:07.15	5/20/2010	Markell Lyng	2010 SC Nationals
	50 Fly	30.32	4/9/2010	Markell Lyng	2010 SC Zones
	100 Fly	1:07.73	3/23/2007	Dana Skelton	2007 SC Zones
	200 Fly				
	100 IM	1:03.99	3/9/2013	Amber Smolik	2013 RICE March Madness
	200 IM	2:34.79	4/23/2015	Caroline Egan	2015 SC Nationals
	400 IM	5:21.71	4/28/2011	Caroline Egan	2011 SC Nationals

FCST WOMENS TEAM RECORDS

SCY					
30-34	50 Free	37.99	1/24/2009	Shannon Henderson	2009 First Time for Everything
	100 Free	1:16.22	3/11/2017	Caroline Egan	2017 RICE March Madness
	200 Free				
	500 Free	6:09.53	3/11/2017	Caroline Egan	2017 RICE March Madness
	50 Back	40.69	4/23/2015	Markell Lyng	2015 SC Nationals

	100 Back				
	200 Back	2:41.05	3/11/2017	Caroline Egan	2017 RICE March Madness
	50 Breast	45.58	1/24/2009	Shannon Henderson	2009 First Time for Everything
	100 Breast	1:41.04	1/24/2009	Shannon Henderson	2009 First Time for Everything
	200 Breast				
	50 Fly	36.35	4/23/2015	Markell Lyng	2015 SC Nationals
	100 Fly				
	200 Fly				
	100 IM				
	200 IM				
	400 IM	5:38.37	3/11/2017	Caroline Egan	2017 RICE March Madness

35-39	50 Free	29.82	4/9/2010	Susan Monteagudo	2010 SC Zones
	100 Free	56.10	1/24/2009	Susan Monteagudo	2009 First Time for Everything
	200 Free	2:31.24	2/20/2010	Amy Jones	2010 First Time for Everything
	500 Free	6:08.12	4/30/2023	Caroline Egan	2023 SC Nationals
	50 Back	31.50	4/30/2023	Salma Aburas	2023 SC Nationals
	100 Back	1:09.22	4/30/2023	Salma Aburas	2023 SC Nationals
	200 Back	2:36.58	4/30/2023	Caroline Egan	2023 SC Nationals
	50 Breast	37.57	2/20/2010	Amy Jones	2010 First Time for Everything
	100 Breast	1:23.89	2/20/2010	Amy Jones	2010 First Time for Everything
	200 Breast				
	50 Fly	34.49	4/9/2010	Susan Monteagudo	2010 SC Zones
	100 Fly				
	200 Fly				
	100 IM	1:10.07	4/30/2023	Salma Aburas	2023 SC Nationals
	200 IM	2:35.59	4/30/2023	Caroline Egan	2023 SC Nationals
400 IM	5:34.77	4/30/2023	Caroline Egan	2023 SC Nationals	

FCST WOMENS TEAM RECORDS

SCY					
40-44	50 Free	29.97	1/24/2009	Lori Miller	2009 First Time for Everything
	100 Free	1:06.54	1/24/2009	Lori Miller	2009 First Time for Everything
	200 Free	2:32.83	1/24/2009	Lori Miller	2009 First Time for Everything
	500 Free	6:34.01	4/23/2015	Lisa Ganguly	2015 SC Nationals
	1000 Free	13:51.10	4/3/2015	Lisa Ganguly	2015 SC Zones
	1650 Free	22:52.91	4/3/2015	Lisa Ganguly	2015 SC Zones
	50 Back	34.10	3/11/2017	Jill Quinn	2017 March Madness
	100 Back	1:17.00	3/11/2017	Jill Quinn	2017 March Madness
	200 Back	2:49.80	2/16/2014	Jill Quinn	2014 Sweetheart
	50 Breast	35.77	5/20/2010	Debbie Madden	2010 SC Nationals
	100 Breast	1:18.11	5/20/2010	Debbie Madden	2010 SC Nationals
	200 Breast	2:59.35	5/20/2010	Debbie Madden	2010 SC Nationals
	50 Fly	34.01	1/24/2009	Lori Miller	2009 First Time for Everything
	100 Fly				
	200 Fly				
	100 IM	1:15.70	4/9/2010	Debbie Madden	2010 SC Zones

	200 IM	2:52.89	2/20//10	Debbie Madden	2010 First Time for Everything
	400 IM	6:07.56	4/3/2015	Lisa Ganguly	2015 SC Zones
45-49	50 Free	28.36	2/20/2010	Lori Miller	2010 First Time for Everything
	100 Free	1:02.40	4/9/2010	Lori Miller	2010 SC Zones
	200 Free	2:23.84	4/9/2010	Lori Miller	2010 SC Zones
	500 Free	6:56.70	3/11/2017	Lisa Kolluri	2017 RICE March Madness
	1650 Free	30:21.90	2/26/2011	Margie Connolly	2011 First Time for Everything
	50 Back	38.03	1/24/2009	Audrey Earley	2009 First Time for Everything
	100 Back	1:21.51	1/24/2009	Audrey Earley	2009 First Time for Everything
	200 Back	2:57.76	1/24/2009	Audrey Earley	2009 First Time for Everything
	50 Breast	39.85	2/26/2011	Nathalie Dulac	2017 RICE March Madness
	100 Breast	1:28.23	2/26/2011	Audrey Earley	2011 First Time for Everything
	200 Breast	3:13.23	2/26/2011	Audrey Earley	2011 First Time for Everything
	50 Fly	31.43	5/20/2010	Lori Miller	2010 SC Nationals
	100 Fly	1:23.90	3/11/2017	Lisa Kolluri	2017 RICE March Madness
	200 Fly	3:45.21	5/7/2009	Terry Lynn Toon	2009 SC Nationals
	100 IM	1:17.14	4/9/2010	Lori Miller	2010 SC Zones
	200 IM	2:55.35	3/13/2010	Lori Miller	2010 RICE March Madness
400 IM	6:22.71	1/24/2009	Audrey Earley	2009 First Time for Everything	

FCST WOMENS TEAM RECORDS

SCY					
50-54	50 Free	29.12	4/23/2015	Lori Miller	2015 SC Nationals
	100 Free	1:04.53	4/23/2015	Lori Miller	2015 SC Nationals
	200 Free	2:29.81	4/23/2015	Lori Miller	2015 SC Nationals
	500 Free	7:21.81	4/9/2010	Terry Lynn Toon	2010 SC Zones
	1650 Free				
	50 Back	45.46	3/12/2011	Carin Landeck	2011 RICE March Madness
	100 Back	1:55.09	3/10/2012	Margie Connolly	2012 RICE March Madness
	200 Back				
	50 Breast	40.74	3/11/2017	Nathalie Dulac	2017 RICE March Madness
	100 Breast	1:31.34	4/28/2011	Terry Lynn Toon	2011 SC Nationals
	200 Breast	3:34.95	4/23/2015	Carin Landeck	2015 SC Nationals
	50 Fly	33.79	4/23/2015	Lori Miller	2015 SC Nationals
	100 Fly	1:38.17	4/9/2010	Terry Lynn Toon	2010 SC Zones
	200 Fly	3:10.20	5/1/2022	Lisa Kolluri	2022 SC Nationals
	100 IM	1:20.58	4/23/2015	Lori Miller	2015 SC Nationals
	200 IM	3:11.19	4/9/2010	Terry Lynn Toon	2010 SC Zones
400 IM	6:55.68	4/28/2011	Terry Lynn Toon	2011 SC Nationals	
55-59	50 Free				
	100 Free				
	200 Free				
	1000 Free				
	1650 Free				
	50 Back				
100 Back					

	200 Back				
	50 Breast				
	100 Breast	1:29.64	5/1/2022	Nathalie Dulac	2022 SC Nationals
	200 Breast				
	50 Fly				
	100 Fly				
	200 Fly				
	100 IM	1:34.01	5/1/2022	Nathalie Dulac	2022 SC Nationals
	200 IM				
	400 IM				

FCST WOMENS TEAM RECORDS

SCY

60-64	50 Free	47.50	5/1/2022	Peggy Hart	2022 SC Nationals
	100 Free				
	200 Free				
	1000 Free				
	1650 Free				
	50 Back				
	100 Back				
	200 Back				
	50 Breast	59.34	5/1/2022	Peggy Hart	2022 SC Nationals
	100 Breast				
	200 Breast				
	50 Fly				
	100 Fly				
	200 Fly				
	100 IM				
200 IM					
400 IM					

FCST WOMENS TEAM RECORDS

SCY

65-69	50 Free				
	100 Free				
	200 Free				
	1000 Free	9:42.45	10/8/2011	Susan Thompson	2011 First Time for Everything
	1650 Free	20:05.30	10/8/2011	Susan Thompson	2011 First Time for Everything
	50 Back				
	100 Back				
	200 Back				
	50 Breast				
	100 Breast				
200 Breast					
50 Fly					
100 Fly					

200 Fly

100 IM 1:44.54 10/8/2011 Susan Thompson 2011 First Time for Everything
200 IM
400 IM

FCST WOMENS TEAM RECORDS

LCM

18-24

50 Free
100 Free 1:09.74 7/26/2008 Caroline Egan 2008 LC Zones
200 Free 2:35.36 7/28/2008 Caroline Egan 2008 LC Zones
400 Free

50 Back
100 Back 1:26.78 7/26/2008 Caroline Egan 2008 LC Zones
200 Back

50 Breast
100 Breast
200 Breast

50 Fly
100 Fly

200 Fly

200 IM 5:02.07 7/26/2008 Caroline Egan 2008 LC Zones
40 IM

25-29

50 Free
100 Free
200 Free
400 Free

800 Free 11:11.35 5/7/2011 Caroline Egan 2011 Luck of the Draw
1500 Free

50 Back 38.90 5/7/2011 Caroline Egan 2011 Luck of the Draw
100 Back 1:24.86 5/7/2011 Caroline Egan 2011 Luck of the Draw
200 Back

50 Breast
100 Breast
200 Breast

50 Fly
100 Fly

200 Fly

200 IM 2:57.07 5/7/2011 Caroline Egan 2011 Luck of the Draw
400 IM

FCST WOMENS TEAM RECORDS

LCM

30-34	50 Free	29.31	6/5/2013	Amber Smolik	2013 Pan-American Masters
	100 Free	1:04.06	6/5/2013	Amber Smolik	2013 Pan-American Masters
	200 Free	2:42.64	6/5/2013	Amber Smolik	2013 Pan-American Masters
	400 Free	5:33.37	6/26/2016	Caroline Egan	2016 Summer Sizzler
	50 Back				
	100 Back				
	200 Back	3:04.16	6/26/2016	Caroline Egan	2016 Summer Sizzler
	50 Breast	36.63	6/5/2013	Amber Smolik	2013 Pan-American Masters
	100 Breast	1:21.48	6/5/2013	Amber Smolik	2013 Pan-American Masters
	200 Breast				
	50 Fly				
	100 Fly				
	200 Fly				
200 IM	2:38.46	6/5/2013	Amber Smolik	2013 Pan-American Masters	
400 IM					

35-39	50 Free	35.88	6/20/2009	Susan Monteagudo	2009 Luck of the Draw
	100 Free	1:16.15	8/6/2009	Susan Monteagudo	2009 LC Nationals
	200 Free				
	400 Free				
	50 Back	44.43	6/20/2009	Susan Monteagudo	2009 Luck of the Draw
	100 Back	1:29.21	8/6/2009	Susan Monteagudo	2009 LC Nationals
	200 Back				
	50 Breast				
	100 Breast				
	200 Breast				
	50 Fly	43.10	6/20/2009	Susan Monteagudo	2009 Luck of the Draw
	100 Fly				
	200 Fly				
200 IM					
400 IM					

FCST WOMENS TEAM RECORDS

LCM

40-44	50 Free	33.61	6/12/2010	Susan Monteagudo	2010 Luck of the Draw
	100 Free	1:13.68	7/10/2010	Susan Monteagudo	2010 Last Chance
	200 Free	2:49.18	7/10/2010	Susan Monteagudo	2010 Last Chance
	400 Free	6:27.14	6/26/2016	Jill Quinn	2016 Summer Sizzler
	800 Free	13:22.14	6/21/2008	Karen Wey	2008 Luck of the Draw
	50 Back	39.82	6/26/2016	Jill Quinn	2016 Summer Sizzler
	100 Back	1:26.77	7/10/2010	Susan Monteagudo	2010 Last Chance

	200 Back	3:16.05	5/5/2013	Susan Monteagudo	2013 SMR
	50 Breast	43.34	6/21/2008	Debbie Madden	2008 Luck of the Draw
	100 Breast	1:38.55	6/20/2009	Debbie Madden	2009 Luck of the Draw
	200 Breast	4:23.28	7/16/2005	Margie Connolly	2005 LC Zones
	50 Fly	37.97	3/21/2008	Lori Miller	2008 Luck of the Draw
	100 Fly				
	200 Fly				
	200 IM	3:18.87	6/12/2010	Debbie Madden	2010 Luck of the Draw
	400 IM	7:24.53	6/21/2008	Debbie Madden	2008 Luck of the Draw

45-49	50 Free	32.10	7/10/2010	Lori Miller	2010 Last Chance
	100 Free	1:10.96	7/10/2010	Lori Miller	2010 Last Chance
	200 Free	2:43.90	7/10/2010	Lori Miller	2010 Last Chance
	400 Free	6:09.23	6/26/2016	Lisa Ganguly	2016 Summer Sizzler
	50 Back	43.91	5/7/2011	Audrey Earley	2010 Last Chance
	100 Back				
	200 Back				
	50 Breast	45.70	4/24/2009	Audrey Earley	2009 FNR
	100 Breast	1:40.08	6/20/2009	Nathalie Dulac	2009 Luck of the Draw
	200 Breast	4:02.62	6/20/2009	Terry Lynn Toon	2009 Luck of the Draw
	50 Fly	36.17	7/10/2010	Lori Miller	2010 Last Chance
	100 Fly	2:02.73	7/26/2008	Terry Lynn Toon	2008 LC Zones
	200 Fly	4:31.87	6/20/2009	Terry Lynn Toon	2009 Luck of the Draw
	200 IM	3:21.21	6/26/2016	Lisa Ganguly	2016 Summer Sizzler

FCST WOMENS TEAM RECORDS

LCM

50-54	50 Free	42.13	6/12/2010	Carin Landeck	2010 Luck of the Draw
	100 Free	1:32.94	5/7/2011	Carin Landeck	2011 Luck of the Draw
	200 Free				
	400 Free				
	800 Free	16:29.84	5/7/2011	Margie Connolly	2011 Luck of the Draw
	50 Back				
	100 Back				
	200 Back				
	50 Breast	49.22	6/12/2010	Carin Landeck	2010 Luck of the Draw
	100 Breast	1:50.52	6/12/2010	Carin Landeck	2010 Luck of the Draw
	200 Breast				
50 Fly					
100 Fly					
200 Fly					
200 IM					

400 IM

55-59	50 Free				
	100 Free				
	200 Free				
	400 Free				
	50 Back				
	100 Back				
	200 Back				
	50 Breast				
	100 Breast	1:57.05	6/26/2016	Terry Lynn Toon	2016 Summer Sizzler
	200 Breast	4:10.95	6/26/2016	Terry Lynn Toon	2016 Summer Sizzler
	50 Fly				
	100 Fly	2:04.12	6/26/2016	Terry Lynn Toon	2016 Summer Sizzler
	200 Fly				
	200 IM	3:58.66	6/26/2016	Terry Lynn Toon	2016 Summer Sizzler
400 IM					

FCST WOMENS TEAM RECORDS

65-69	50 Free				
	100 Free				
	200 Free				
	400 Free				
	1500 Free	33:46.05	5/20/2012	Susan Thompkins	2012 Road to Omaha
	50 Back				
	100 Back				
	200 Back				
	50 Breast				
	100 Breast				
	200 Breast				
	50 Fly				
	100 Fly				
	200 Fly				
200 IM					
400 IM					

FCST WOMENS TEAM RECORDS

SCM

18-24	50 Free				
	100 Free	1:16.83	10/7/2006	Markell Lyng	2006 Ft. Bend Masters
	200 Free	2:56.79	10/7/2006	Markell Lyng	2006 Ft. Bend Masters
	400 Free				
	1500 Free	24:59.52	10/7/2006	Markell Lyng	2006 Ft. Bend Masters
	50 Back				
100 Back					

	200 Back				
	50 Breast	45.45	10/7/2006	Markell Lyng	2006 Ft. Bend Masters
	100 Breast	1:37.00	10/7/2006	Markell Lyng	2006 Ft. Bend Masters
	200 Breast				
	50 Fly				
	100 Fly				
	200 Fly				
	100 IM				
	200 IM				
	40 IM				

25-29	50 Free	38.45	11/10/2012	Amber Smolik	2012 November Classic
	100 Free	1:02.7	11/10/2012	Amber Smolik	2012 November Classic
	200 Free	2:32.64	11/12/2011	Caroline Egan	2011 November Classic
	400 Free	5:05.15	11/10/2012	Amber Smolik	2012 November Classic
	800 Free	10:58.42	11/10/2012	Caroline Egan	2012 November Classic
	1500 Free	20:45.84	11/8/2014	Caroline Egan	2014 November Classic
	50 Back				
	100 Back	1:21.66	11/12/2011	Caroline Egan	2011 November Classic
	200 Back	2:59.44	11/8/2014	Caroline Egan	2014 November Classic
	50 Breast	37.11	11/10/2012	Amber Smolik	2012 November Classic
	100 Breast				
	200 Breast				
	50 Fly				
	100 Fly	1:21.63	11/10/2012	Amber Smolik	2012 November Classic
	200 Fly				
	100 IM	1:11.33	11/10/2012	Amber Smolik	2012 November Classic
	200 IM	2:56.40	11/8/2014	Caroline Egan	2014 November Classic
	400 IM	5:59.69	11/12/2011	Caroline Egan	2011 November Classic

ECST WOMENS TEAM RECORDS

SCM

30-34	50 Free	27.77	11/9/2013	Amber Smolik	2013 November Classic
	100 Free	1:00.78	11/9/2013	Amber Smolik	2013 November Classic
	200 Free	3:44.55	10/7/2006	Karen Wey	2006 Ft Bend Masters
	400 Free	4:58.67	11/9/2013	Amber Smolik	2013 November Classic
	800 Free	10:16.23	11/9/2013	Amber Smolik	2013 November Classic
	50 Back	51.43	10/7/2006	Karen Wey	2006 Ft Bend Masters
	100 Back				
	200 Back				
	50 Breast	36.02	11/9/2013	Amber Smolik	2013 November Classic
	100 Breast	1:18.31	11/9/2013	Amber Smolik	2013 November Classic
	200 Breast				
	50 Fly				
	100 Fly				
200 Fly					

	100 IM	1:10.56	11/9/2013	Amber Smolik	2013 November Classic
	200 IM	2:33.33	11/9/2013	Amber Smolik	2013 November Classic

35-39	50 Free				
	100 Free				
	200 Free				
	400 Free				
	50 Back	43.98	10/13/2007	Debbie Madden	2007 Ft Bend Masters
	100 Back				
	200 Back				
	50 Breast	44.98	10/13/2007	Debbie Madden	2007 Ft Bend Masters
	100 Breast				
	200 Breast				
50 Fly					
100 Fly					
200 Fly					
100 IM					
200 IM	3:20.49	10/13/2007	Debbie Madden	2007 Ft Bend Masters	
400 IM					

FCST WOMENS TEAM RECORDS

CCM

40-44	50 Free	32.06	11/9/2013	Jill Quinn	2013 November Classic
	100 Free	1:16.37	11/9/2013	Jill Quinn	2013 November Classic
	200 Free	2:47.80	11/9/2013	Jill Quinn	2013 November Classic
	400 Free	5:46.63	11/9/2013	Jill Quinn	2013 November Classic
	800 Free	12:00.02	11/9/2013	Jill Quinn	2013 November Classic
	1500 Free	23:05.12	11/8/2014	Lisa Ganguly	2014 November Classic
	50 Back	35.87	11/9/2013	Jill Quinn	2013 November Classic
	100 Back	1:22.89	11/9/2013	Jill Quinn	2013 November Classic
	200 Back	3:00.81	11/9/2013	Jill Quinn	2013 November Classic
	50 Breast	46.52	10/13/2007	Nathalie Dulac	2007 Ft Bend Masters
	100 Breast	1:41.61	10/13/2007	Nathalie Dulac	2007 Ft Bend Masters
	200 Breast				
	50 Fly	40.11	10/7/2006	Lori Miller	2006 Ft Bend Masters
	100 Fly				
	200 Fly				
	100 IM	1:30.75	11/9/2013	Jill Quinn	2013 November Classic
	200 IM	3:23.30	11/8/2014	Lisa Ganguly	2014 November Classic
400 IM					

45-49	50 Free	32.37	11/9/2013	Lori Miller	2013 November Classic
	100 Free				
	200 Free	2:49.47	11/9/2013	Lori Miller	2013 November Classic
	400 Free				
	1500 Free	30:27.81	10/7/2006	Margie Connolly	2006 Ft Bend Masters
50 Back	43.60	10/13/2007	Audrey Earley	2007 Ft Bend Masters	

	100 Back				
	200 Back	3:37.14	10/13/2007	Audrey Earley	2007 Ft Bend Masters
	50 Breast	46.23	11/10/2012	Nathalie Dulac	2012 November Classic
	100 Breast	1:44.90	10/13/2007	Audrey Earley	2007 Ft Bend Masters
	200 Breast	3:35.62	11/12/2011	Nathalie Dulac	2012 November Classic
	50 Fly				
	100 Fly	2:02.81	10/13/2007	Margie Connolly	2007 Ft Bend Masters
	200 Fly				
	100 IM	1:30.86	11/9/2013	Lori Miller	2013 November Classic
	200 IM				
	400 IM	7:24.88	10/13/2007	Audrey Earley	2007 Ft Bend Masters

SCM WOMENS TEAM RECORDS

SCM

50-54	50 Free	39.64	11/12/2011	Carin Landeck	2011 November Classic
	100 Free				
	200 Free				
	400 Free				
	800 Free				
	50 Back				
	100 Back				
	200 Back				
	50 Breast	49.39	11/12/2011	Carin Landeck	2011 November Classic
	100 Breast				
	200 Breast	3:55.96	11/10/2012	Terry Lynn Toon	2012 November Classic
	50 Fly				
	100 Fly	1:51.23	11/10/2012	Terry Lynn Toon	2012 November Classic
	200 Fly				
100 IM	1:45.48	11/12/2011	Carin Landeck	2011 November Classic	
200 IM					

55-59	50 Free				
	100 Free				
	200 Free				
	400 Free				
	50 Back				
	100 Back				
	200 Back				
	50 Breast				
	100 Breast				
	200 Breast				
	50 Fly				
	100 Fly				
	200 Fly				
	100 IM				

200 IM

400 IM

FCST WOMENS TEAM RECORDS

SCM

65-69

50 Free

100 Free

200 Free

400 Free

1500 Free 32:07.77 11/12/2011 Susan Thompson 2011 November Classic

50 Back

100 Back

200 Back

50 Breast

100 Breast

200 Breast

50 Fly 1:00.46 11/12/2011 Susan Thompson 2011 November Classic

100 Fly

200 Fly

100 IM 4:20.19 11/12/2011 Susan Thompson 2011 November Classic

200 IM

400 IM