



2018 Spring Practice Schedule

First Colony Area Group Practice Changes starting April 2nd

Summer Schedule will begin June 1st

Blue 1 A	Mon, Tues, Wed, Thurs Saturday	5:00- 6:15 PM 7:45- 9:00 AM	Colony Grant 6 Colony Grant 6
Blue 1 B	Mon, Tues, Wed, Thurs Saturday	4:30 – 5:45 PM 7:45-9:00 AM	Aquatic Center Colony Grant 6
Blue 2	Mon, Tues, Wed, Thurs Saturday	6:00- 7:30 PM 7:45-9:00 AM	Colony Grant 6 Colony Grant 6
Age Group I	Mon, Tues and Thurs Friday Saturday	5:00-6:30 PM 5:00-6:15 PM 7:45-9:30 AM	Aquatic Center Aquatic Center New Territory
Age Group II	Monday – Thursday Friday Saturday	6:15-8:00 PM 6:15-7:45 PM 9:15-11:00 AM	Don Cook Don Cook New Territory
Age Group III	Monday – Thursday Friday Saturday	6:00-8:00 PM 6:15-7:45 PM 8:30-11:00 AM	Aquatic Center Aquatic Center Colony Grant 6
Pre Senior II	Monday – Thursday Friday Saturday Thursday	5:30-7:30 PM 5:30-7:15 PM 8:30 – 11:00 AM 5:30-7:00 AM	Aquatic Center Aquatic Center Aquatic Center Aquatic Center
Pre Senior III	Monday – Thursday Friday Saturday Monday and Thursday	5:30-7:45 PM 5:30-7:15 PM 8:30- 11:00 AM 5:30-7:00 AM	Aquatic Center Aquatic Center Aquatic Center Aquatic Center
Senior I	Monday- Friday Saturday Thursday	4:00 – 6:15 PM 6:30 – 10:00 AM 5:30 – 7:00 AM	Don Cook Aquatic Center Aquatic Center

Senior 2	Monday- Friday	4:00 – 6:15 PM	Don Cook
	Saturday	6:30 – 10:00 AM	Aquatic Center
	Monday and Thursday	5:30 – 7:00 AM	Aquatic Center
Senior Elite	Monday – Thursday	3:30 – 6:00 PM	Aquatic Center
	Friday	3:30 – 5:30 PM	Aquatic Center
	Saturday	6:30 – 10:00 AM	Aquatic Center
	Monday and Thursday	5:30 – 7:00 AM	Aquatic Center