



2018 Spring Practice Schedule

First Colony Area Group Practice Changes starting April 30th

Summer Schedule will begin June 1st

White A	Monday, Wednesday	5:00- 6:00 PM	Lakes Pool
	Friday	5:00-6:00 PM	Colony Grant 6
White B	Tuesday, Thursday	6:15- 7:15 PM	Lakes Pool
	Friday	5:00- 6:00 PM	Colony Grant 6
Red A	Monday, Wednesday	6:15- 7:15 PM	Lakes Pool
	Friday	6:00-7:00 PM	Colony Grant 6
Red B	Tuesday, Thursday	5:00- 6:00 PM	Lakes Pool
	Friday	6:00- 7:00 PM	Colony Grant 6
Pre Senior I	Monday – Thursday	6:45- 8:15 PM	Lakes Pool
	Friday	6:45-8:00 PM	Colony Grant 6
	Saturday	8:30-11:00 AM	Aquatic Center

Pre-Senior 1 Saturday schedule will adjust on March 24th