



2018 Long Course Opt In Form – White, Red, Blue 1, and Blue 2

The Opt In Form must be turned in to your lead coach by Tuesday, March 20th

Swimmer's Name: _____ Practice Group: _____

Swimmer's Age: _____ Swimmer's Birthday: _____

Date	Meet	Eligible Swimmers	Opt In/ Opt Out (Circle One)	Notes
April 14	Gulf Sprint Series Location: TBD	All White and Red Group Blue 1 and Blue 2 with 2 B times or less	Opt In / Opt Out	Girls-AM Session Boys- PM Session
April 20-22	Gulf Open Meet Location: Don Cook Nat	Blue 1 and Blue 2 with 3 B times or more	Opt In / Opt Out	12 & Under- PM Sessions
May 5	Gulf Sprint Series Location: Rosenberg LCISD	All White and Red Group Blue 1 and Blue 2 with 2 B times or less	Opt In / Opt Out	Girls- AM Session Boys- PM Session
May 18-20	Gulf Open Meet Location: TBD	Blue 1 and Blue 2 with 3 B times or more	Opt In / Opt Out	12 & Under- PM Session
June 10	FCST Splash N' Dash	All groups		Registration is online
June 22-24	FCST Summer Splash Training Pool** Location: FBISD Training Pool	All groups	Opt In / Opt Out	12 & Under PM session
July 14-15	Gulf Sprint Series Champs Location: TBD	All White and Red Group Blue 1 and Blue 2 with 2 BB times or less	Opt In / Opt Out	Girls- AM Session Boys- PM Session
July 20-22	Summer Champs Location: Don Cook Nat	Blue 1 and Blue 2 with 3 BB times or more	Opt In / Opt Out	12 & Under in afternoon session

****FCST Summer Splash is a 3 day meet (Friday-Sunday)- White and Red groups, coaches will pick one day (Saturday or Sunday) for them to attend. Blue 1 and Blue 2 swimmers will participate all 3 days.**

This form is used by the coach to enter your swimmer in the meets. A few notes about the form:

- If you have questions about which meets to opt in for please contact your lead coach.
- A swimmer will not be entered into the meet without the form or an email.
- Once the form is turned in you can still make changes. If you would like to get entered in or taken out of a meet please email your lead coach as soon as you know a change is needed.
- For some meets we turn in our final entries about 3 weeks out from the meet. Please let your coach know of any changes as soon as possible.
- We will post "preliminary entries" on the events section of our webpage for you and your swimmer to look at which events they will be swimming. Roughly a week later the coaches will make any changes and post "final entries".
- *Once final entries have been posted we cannot make any changes. You will be responsible for the meet fees.*
- Please make a copy of the form for your records.
- Swimmers should be attending 1 meet a month.