



## FCST TEAM NEWSLETTER – September 3, 2018



- **First Day of Practice: September 4<sup>th</sup>!** Check your group calendars. [CLICK HERE](#)
- **2018 Fall Schedules** - Make sure to check out your respective swim group schedule for the upcoming 2018 - 19 Short Course Season. [CLICK HERE](#) for the schedules
- **Volunteers Resource Page;** [CLICK HERE](#) for any questions regarding volunteering at FCST

### ***Important Upcoming Dates:***

#### **Sept. 4:**

First Day of Practice!

#### **Sept. 22 & 23:**

Red, White, and Blue Challenge

#### **Sept. 30:**

Open Water Carnival

[Main](#)

[League/Lessons/Tri](#)

[Masters](#)

[Parking at FCST Pools](#)

### **Meet Entry Timelines & Information\*:**

Meet Webpage, Dates, & Location:	Athletes Eligible:	Prelim and Final Entry Deadline:	Volunteer Opportunities:
<a href="#">Red, White, and Blue Challenge</a> , Sept. 22 & 23, Rosenberg, TX	All FCST swimmers	Aug. 29 and Sept. 14	Coming soon!
<a href="#">Gulf Open Water Carnival</a> , Sept. 30, Manvel, TX	AG1, AG2, AG3, PRE2, PRE3, SR1, SR2, SR Elite	Sept. 20	N/A

*\*Families are responsible for communicating meet entry issues with their athletes respective coach, as their primary coach is most responsible for their athletes training and competitive plan.*

*\*\*Once the final entry deadline has passed, no changes may be made on FCSTs' end. Athletes can deck-enter at the meet (if allowed by meet management) at their own expense and with coaches' permission. This is not the most ideal way to enter a meet having schedules planned ahead of time is very beneficial to the athlete.*

### **FCST Contacts^:**

- FCST Office: (281) 969-8759; Mon.- Thurs: 9:00am - 5:00pm; Fri: 9:00am - 12:00pm
- Team Accounts & Billing: Hillary Martinez ([fcstadmin@swimfcst.com](mailto:fcstadmin@swimfcst.com))
- HR & Administration: Christina Hollar ([office@swimfcst.com](mailto:office@swimfcst.com))
- Volunteer Coordinator: Coach Trenton ([coachtrenton@swimfcst.com](mailto:coachtrenton@swimfcst.com))
- Team Merchandise: Janet Blowers ([teamstore@swimfcst.com](mailto:teamstore@swimfcst.com))

*^If you are no longer affiliated with the team and would like to be removed from the distribution list, please email [fcstadmin@swimfcst.com](mailto:fcstadmin@swimfcst.com)*