



First Colony Swim Team creates opportunities, within a safe and supportive environment, for swimmers to merge passion and commitment with expertise, resulting in the highest level of personal performance.

ELECTRONIC COMMUNICATION POLICY

First Colony Swim Team ("FCST") upholds the U.S. Center for SafeSport's Minor Athlete Abuse Prevention Policy ("MAAPP"). The MAAPP specifically states the following regarding electronic communication:

I. Content

All Electronic Communication from Adult Participants to Minor Athletes must be professional in nature

II. Open and Transparent

A. If an Adult Participant communicates one-on-one with a Minor Athlete via Electronic Communications, the Minor Athlete's parent/legal guardian must be copied or included. If a Minor Athlete communicates to the Adult Participant privately first, said Adult Participant must copy or include the Minor Athlete's parent/legal guardian on any Electronic Communication response to the Minor Athlete. Adult Participants must only use Electronic Communication platforms that allow for Open and Transparent communication.

B. The following exceptions apply to Section II(a):

- i. In emergency circumstances
- ii. When a Dual Relationship exists; and/or
- iii. When the Close-In-Age Exception applies

C. When an Adult Participant communicates electronically to the entire team of any number of Minor Athletes on the team, said Adult Participant must copy another Adult Participant.

III. Requests to Discontinue

Parents/legal guardians may request in writing that their Minor Athlete not be contacted through any form of electronic communication by the Organization or by an Adult Participant subject to this Policy. The Organization must abide by any such request that the Minor Athlete not be contacted via electronic communications, or included in any social media post, absent emergency circumstance.

IV. Hours

Electronic Communication must only be sent between the hours of 5:00am and 9:00pm local time for the location of the Minor Athlete, unless emergency circumstance exists, or during competition travel.

V. Prohibited Electronic Communication

A. Adult Participants are not permitted to maintain private social media connections with Minor Athletes and such Adult Participants are not permitted to accept personal page requests on social media platforms from Minor Athletes, unless the Adult Participant has a fan page, or the contact is deemed as celebrity contact as opposed to regular contact. Existing social media connections with Minor Athletes must be discontinued. Minor Athletes may “friend”, “like” or “follow” the Organization’s official page.

B. Adult Participants must not send private, instant or direct messages to a Minor Athlete through social media platforms.

C. The following exceptions apply to Section V:

- i. When a Dual Relationship exists; and/or
- ii. When the Close-In-Age Exception applies

Members who would like to request their Minor Athlete not be contacted through any form of electronic communications from FCST or by an Adult Participant subject to the policy may fill out the Electronic Communication Consent form and email it to the General Manager, gm@swimfcst.com