



*First Colony Swim Team creates opportunities, within a safe and supportive environment, for swimmers to merge passion and commitment with expertise, resulting in the highest level of personal performance.*

## **PARENT CODE OF CONDUCT**

The purpose of First Colony Swim Team's ("FCST") Parent Code of Conduct is to establish a consistent expectation of behavior for our parents.

As an FCST parent, I understand the important growth and developmental support my child's athletic participation fosters. I also understand it is essential to provide the coaching staff with respect and the authority to coach my athlete. By agreeing to this code of conduct, I, an FCST parent, agree to:

- Set the right example for FCST's athletes by demonstrating sportsmanship and showing respect to all team members, coaches, competitors, officials, parents, and facilities
- Get involved by completing service shifts, cheering at meets, and talking with my athlete and their coach about their progress
- Refrain from coaching my child in a manner which impedes the coaching staff's ability to do their jobs
- Refrain from using foul language, violence, and behavior deemed dishonest, offensive, or illegal
- Respect the integrity of the officials
- Direct any concerns in the following order: athlete's primary coach, Division Lead, Head Coach, General Manager, Board of Directors
- Demonstrate good sportsmanship at all practices, meets, and team events

I understand the above expectations and that my failure to adhere to them may result in disciplinary actions determined by FCST's Leadership (Head Coach, General Manager, and Board of Directors).