



*First Colony Swim Team creates opportunities, within a safe and supportive environment, for swimmers to merge passion and commitment with expertise, resulting in the highest level of personal performance.*

## **PRACTICE SCHEDULE CONFLICT POLICY**

First Colony Swim Team ("FCST") understands that practice conflicts may arise. When a swimmer has a conflict and cannot attend their regularly scheduled practice, FCST may allow the swimmer to swim down a group or attend their group's practice at another location.

This is not meant to be a permanent adjustment. The goal is to offer a practice alternative to swimmers when unexpected conflicts occur.

If your swimmer needs to swim down or at another location, you should:

- Contact your swimmer's primary coach as soon as possible to make the request.
- If the request is approved, your swimmer's primary coach will coordinate with the coach of the other group and will send a confirmation email.

\*Your swimmer will not be permitted to attend practice with a different group without prior communication with you swimmer's coach.

FCST's goal is to work with families and their needs, but we are unable to accommodate requests that would hinder the practice experience of other swimmers and coaches. As such, FCST reserves the right to deny requests due to lane space limitations, and/or at the coach's discretion.